

**Dr. Gail Lisson, Psy.D.**  
**CENTER FOR HEALTH SOLUTIONS, PLLC**  
2500 Regency Parkway  
Cary, NC 27518  
Tel. (252) 206-6930  
Fax. (919) 377-1420

**CLIENT REGISTRATION**

CLIENT NAME: \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
\_\_\_\_\_

TEL (HOME): \_\_\_\_\_  
TEL (OFFICE): \_\_\_\_\_  
TEL (CELL): \_\_\_\_\_

EMAIL: \_\_\_\_\_  
DATE OF BIRTH: \_\_\_\_\_

GENDER: male      female

EMERGENCY NAME(S) AND  
NUMBERS: \_\_\_\_\_  
\_\_\_\_\_

**PAYMENT POLICIES AND AUTHORIZATION:**

I authorize my provider and/or his agents to collect fees for services rendered to me and/or any other persons for whom I am responsible. I agree to pay in full at the time of service if Dr. Lisson is not a provider under my insurance plan. I acknowledge that my provider might not be a participating provider with my insurance carrier and that if he/she is not, then he/she will not submit insurance claims for me. If I choose to submit claims on my own behalf, reimbursements will be sent directly to me and not to my provider

**SIGNATURE:-**

**DATE** \_\_\_\_\_

*Cash and personal checks are welcomed. Clients are responsible for any returned check fees that are issued by provider's bank. Credit care payments can be made at [www.gaillisson.com](http://www.gaillisson.com) or processed within the office.*

**Providing the following information will assist me in your initial consultation:**

**Medical History**

Please list all your past and current medical diseases and conditions (including psychiatric or neurological conditions):

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Please list all your current medications, including over-the-counter medication and herbal supplements:

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Please list all of your current physicians:

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**Health Habits**

*Sleep:*

List your typical bed time: \_\_\_\_\_

List your typical wake time: \_\_\_\_\_

How long does it take for you to fall asleep? \_\_\_\_\_

How many times do you typically awaken in the middle of the night? \_\_\_\_\_

*Tobacco*

Do you currently use tobacco? \_\_\_\_\_

If yes, what type and how much per day \_\_\_\_\_

*Caffeine use*

Type of caffeinated beverage	Amount	Time of Day

*Exercise*

What type of exercise do you do?

How often do you exercise each week

**Substance Abuse History**

Drug type	Age started	Amount	Frequency	Route	Last use