

CENTER FOR HEALTH SOLUTIONS, PLLC  
2500 Regency Parkway, Cary NC 27518  
Tel: 252-206-6930

**It is your responsibility to investigate your health insurance coverage for services.**

Dr. Lisson is not a health insurance professional, so she cannot give you official information or advice about your health insurance benefits. Your coverage is a contract between you and your health insurance company. Healthcare professionals have no control over which services your insurance company will cover or how much you must pay out of pocket for services. If your insurance company applies payment for services to your deductible, this means that you must pay that amount directly to Dr. Lisson. Per contracts with insurance companies, Dr. Lisson cannot forgive that balance, as you have received credit for that amount on your deductible as having been paid out-of-pocket. As stated in the **Fee & Payment policy/Financial contract**, Dr. Lisson requires that you pay the estimated amount at the time of service. After the claim is processed, the insurance company will process the exact amount that was applied to your deductible. If you still owe a balance, Dr. Lisson will send you a bill (or a refund if you overpaid). Unpaid bills are subject to collection service. Payment plans are available if you contact Dr. Lisson and request one. For payment plans, a credit or debit card may be required and will be placed on file so payments can be automatically withdrawn each month until the balance is paid. She will work with you to determine the amount each month that you can afford. If one automatic payment does not go through, she will attempt to call you to correct the problem. If she cannot reach you, the balance is automatically forwarded to a collections agency. Please note that Dr. Lisson is always willing to work with you, but you must communicate with her.

**Please contact your insurance plan and inquire about your outpatient mental health benefits. You will need to ask the following questions:**

1. Is Dr. Gail Lisson (Licensed Clinical Psychologist in North Carolina) considered an in-network provider for my insurance plan under my mental health benefits? **Also note: Some insurance companies use a separate company for mental health benefits. Ask whether this is the case with your policy and whether your clinician has to be in network with that company for services to be covered.**

2. Do I have a deductible, co-insurance, or copay due? If so, how much? Please specify all the following service codes:
  - 90791 for psychodiagnostic evaluation in an **OFFICE** setting.
  - 96130 & 96131 for psychological testing in an **OFFICE** setting.
  - 90837- psychotherapy session-60 minutes in an **OFFICE** setting
3. Ask if a pre-authorization is necessary for any of the above services codes. If so, ask how you get pre-authorized. If there are specific forms, please ask them to email or fax them to you or Dr. Lisson (fax: 919-377-1420) or (email: drgaillisson@gmail.com).

After you speak to your insurance plan, please call Dr. Lisson and leave this insurance information on her voicemail before your appointment. Dr. Lisson can calculate your expected deductible or co-insurance should you owe one. Be prepared to pay the deductible, coinsurance, or copay at the time of your appointment. If you do not plan to use your insurance, self-pay rates apply:

Self-pay Service Fees beginning 1/2019:

Initial psychotherapy session: \$155

60-minute subsequent psychotherapy session: \$125

Bariatric psychological evaluation: \$390

Spinal cord stimulator psychological evaluation: \$335